



Borough of Emmaus

Emmaus Community Park
2024 Pool Hours
PH: 610-928-1130

Park & Pool Information

MAY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

JULY 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2					

- = Pool open Noon to 8:00 p.m.
- = Pool open Noon to 5:00 p.m.
- = Pool Closed
- = Pool open Noon to 7:00 p.m. Flick N' Float—Pool will close at 7:00 p.m. and re-open at 7:30 p.m. for Flick N' Float—8:00 p.m. to completion of the movie. \$2.00 entry fee

SEASON PASSES AND DAILY POOL RATES

To beat the season pass rush and avoid waiting in long lines, you can purchase your passes prior to Opening Day. The Borough will sell season pool passes on the following dates and times:

1. May 9th from 5:00 p.m. to 7:00 p.m.—Thursday
2. May 11th from 10:00 a.m. to 12:00 p.m.—Saturday
3. May 15th from 5:00 p.m. to 7:00 p.m.—Wednesday

All pre-sales will occur at Borough Hall, 28 S. 4th Street, Emmaus, PA 18049 in the Community Room

To help expedite the process, please complete the membership form located inside this Newsletter or print one from our website <https://boroughofemmaus.recdesk.com/Community/Home>, and bring it with you when you purchase your passes.

Those who do not purchase a season pass are invited to use the pool at the daily pass rates:

	Resident Weekday	Resident Weekend	Non-resident Weekday	Non-resident Weekend
Children 5 and under	\$1.00	\$1.00	\$ 1.00	\$2.00
Children 6 through 17	\$6.00	\$7.00	\$ 8.00	\$9.00
Adult 18 and over	\$7.00	\$8.00	\$ 9.00	\$11.00
Senior Citizen 62 years or older	\$4.00	\$5.00	\$ 5.00	\$6.00
Group Daily Pass	\$6.00	\$6.00	\$6.00	\$6.00
Children without a Season Pass attending as part of Daycare activities	\$3.00			
Current active Military (Borough Resident) - with valid Military ID	\$0.00			
Late Admission (up to 1 hour before close)	\$1.00			

Proof of Residency will be required for anyone Over 18 Years of age purchasing a season or daily pool pass at the resident rate.

Children under 12 years old must be accompanied by an adult or they will be denied use of the pool. The Borough enforces a policy of zero tolerance for inappropriate behavior, which means that misbehaving patrons may be banned from the pool for the season, without refund of any fees paid.

Adult Swim: Tuesday and Thursday from 11:00 a.m. to 12:00 p.m. (Season Pass Holders Only)

Recreation Software for Online Pavilion Reservations

This program offers citizens easier access to pavilion reservations. It is mobile-friendly, allowing you to search for reservation availability from just about anywhere. The website, located at <https://boroughofemmaus.recdesk.com/Community/Facility> gives the user a real time view of the Borough's recreation facilities' availability. It also boasts an abundance of useful information about our Community Pool, parks, fields, and pavilions, including special request requirements for items such as bands, inflatables and food trucks in our parks.

Swim Lessons:

The Emmaus Borough is proud to be partnering with The Emmaus Aquatic Club or EMAC to offer children's swim lessons this season! EMAC has been serving the Lehigh Valley for over 30-years and offers a comprehensive "Learn to Swim" program for swimmers at multiple skill levels and abilities. All of the EMAC staff are specifically trained with "Swim Whisperers" to provide lessons for children with special needs like autism, anxiety, physical disabilities, delays, motor or sensory issues, trauma, and discomfort.

Lessons will begin the week of June 3rd. Lessons will be offered for \$75.00 per week per child for a 4-day session, occurring Monday through Thursday with Friday serving as a rain date. The first two weeks of classes will take place at the EMAC facility located at 2546 Mill Race Road in Emmaus and the remaining weeks will be held at the Emmaus Community Pool. For more information or to sign your child up for classes, visit the website at <https://boroughofemmaus.recdesk.com/community/programs>. Multiple skill level courses will be offered and class descriptions are below:

- ***Preschool Entry Level (3 - 5 years old)*** New swimmers adjust to group lessons and develop the basic skills of floating, opening eyes under water and how to safely get in and out of the pool.
- ***Preschool Intermediate (3 - 5 years old)*** Once your child has mastered the beginner level skill set, they are ready to learn the basic swim skills of front and back streamlines and kicking.
- ***Preschool Advanced (3 - 5 years old)*** After completing the first two levels, your child is ready to learn some swim strokes! Here they will learn freestyle and backstroke.
- ***Intro to Water Skills (5 - 14 years old)*** Underwater comfort, Floating, Prone to Stand, Propulsion
- ***School Age Level 1 (5 - 14 years old)*** Back Float, Back Kick Assisted, Catch-up Backstroke Assisted, Front Float.
- ***School Age Level 2 (5 - 14 years old)*** Back Kick Unassisted, Catch-up Back Unassisted, Freestyle Kick Assisted, Catch-up Free Assisted.

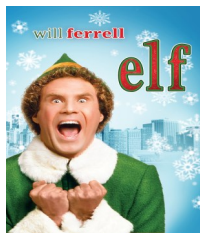
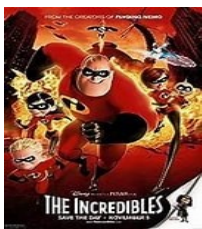
Events:

This year, the Emmaus Community Pool in collaboration with the Emmaus Recreation and Entertainment Commission will again offer Flick N' Floats and Family Movie Night. There will be two Flick N' Float events offered throughout the summer and will feature classic movies for the whole family to enjoy!

The Flick N' Float events will begin at approximately 8:00 p.m. or sunset until the completion of the movie. The pool will close on the event nights at 7:00 p.m. to prepare for the event and will reopen at 7:30 p.m. for event admission. Entry for the event will cost \$2.00 per person and children 6 years old and under are free. Flick N' Floats will feature the movies :

The Incredibles- June 28th, rain date June 29th

ELF - July 26th, rain date July 27th



Family Movie Night: 8:00 p.m. at the Emmaus Community Park

Daddy Day Care - June 15th (featuring a pajama costume party) , rain date June 22nd.





Join Us for Summer Fun at the Parks

The Emmaus Recreation and Entertainment Commission, Emmaus Arts Commission, Borough of Emmaus, and Kelly Auto Group are pleased to announce the 2024 Summer Concert and Event Series. Concerts in the park are held rain or shine in the Arts Pavilion at Emmaus Community Park. Tunes on the Triangle are held Friday nights at Triangle Park in downtown Emmaus. And the Flick N' Float movie nights will be held at Emmaus Community Pool. Grab your swimsuit and come enjoy a family-friendly movie in the pool. YES - in the pool!

The Emmaus Entertainment and Recreation Commission is a group of volunteer Emmaus residents, committed to providing summer programming to our residents. For more information, visit emmausent.com or emmausarts.org.

2024 SUMMER CONCERT SERIES—Concerts will be held from 6:00—8:00 p.m.

May 26th - Steelcreek Country Band
June 2nd - The Wonton Soups
June 9th - The Castaway Band
June 23rd - Band of Brothers
June 30th - The Macungie Band (Patriotic Concert)
July 7th - TimeWhys
July 14th - James Supra/Sarah Ayers Band
July 21st - The Large Flowerheads
July 28th - The Stacy Gabel Band
August 11th - DMC DUO
August 18th - Tookany Creek Bluegrass Band
August 25th - Scott Marshall and the Highway Souls
September 1st - Swingtime Dolls



This Summer Concert Series is supported in part by the Pennsylvania Council on the Arts, a state agency funded by the Commonwealth of Pennsylvania and the National Endowment for the Arts, a federal agency.

TUNES IN THE TRIANGLE—

Triangle Park (6:30 p.m.—8:30 p.m.)

Friday, June 14th—Dueling Pianos
Friday, June 28th —Golden Twine
Friday, July 12th—The Shaun Lally Band
Friday, July 26th— Jay Lapp
Friday, August 9th—Cathy Ritter
Friday, August 23rd — The Audio Files

FLICK N' FLOATS—

Emmaus Community Pool (8:00 p.m., \$2.00 Admission)

The Incredibles—June 28th (rain date June 29th)
ELF—July 26th (rain date July 27th)

FAMILY MOVIE NIGHT—8:00 p.m.

Daddy Day Care - June 15th (featuring a pajama costume party) , rain date June 22nd.

Memorial Day Weekend—A Time to Honor and Thank Our Veterans for their Service



Sunday, May 26, 2024—The Emmaus Honor Guard will honor all departed comrades buried at the six Emmaus cemeteries. The Committee invites you to be present for a short prayer service, rifle salute, and taps. The service will start at 8:00 a.m. at Calvary cemetery, then proceed to the cemeteries in the following order: Old Moravian at Ridge Street, Lutheran Reformed, Northwood, and ending at Evangelical at Second and Ridge Streets.

Monday, May 27, 2024—The Emmaus Veterans Committee will hold their annual Memorial Day Parade. The parade will begin at 9 a.m. at Emmaus High School parking lot on North Street.

It will proceed onto Macungie Avenue, then onto Chestnut Street to Fourth Street, and ending at the Memorial Triangle, where Fourth and Third Streets converge. The committee is urging all veterans to come and walk the parade route with us. There will be a Memorial Service which includes the reading aloud of local service members who died while serving their country. Guest speakers will be local veterans sharing their military experiences.

In the event of inclement weather, the parade will be cancelled, but there will be a short ceremony held at the Memorial Triangle by the Honor Guard to honor all fallen heroes sharing their military experiences.



The Emmaus Rotary Club invites all Emmaus residents, friends, local veterans, scout troops and area dignitaries to gather on Friday, June 14th, at 6:00 p.m. at the Community Park Arts Pavilion for the annual Flag Day Program. East Penn area students in 5th and 8th grades will read their winning poetry and essays about "What the American Flag Means to Me". Patriotic music will be provided by the St. Ann School choir under the direction of Ariel Scholz, Army veteran, Ret., 76th Army Band.

Our guest speaker for the program is Staff Sergeant (SSG) Patrick J. Cubbage, U.S. Army, Vietnam. Staff Sergeant Cubbage was assigned to the 173rd Airborne Brigade, the most decorated unit in Vietnam. After receiving numerous badges and medals, SSG Cubbage continued to serve his country in reserve components: 11th Special Forces (Green Beret), 122nd MP for Criminal Investigation Division (CID) and served as a nuclear biological chemical expert for the 112th Field Artillery. Come hear highlights of his military career, including his position in the Emergency Operations Center at Fort Dix on 9/11.

Mark your calendars for Friday, June 14th at 6:00 pm. Refreshments will be served courtesy of the Vienna Lodge 847 International Order of Odd Fellows and Ai Orthodontics.



2024 Emmaus Community Pool Season Pool Membership Application

• 1356 Shimerville Road, Emmaus PA 18049 • Phone: 610-928-1130•

<https://boroughofemmaus.recdesk.com/Community/Home>

➡ Please check the box to the **LEFT** of the category you are purchasing. ⬅

Borough of Emmaus Resident Rates*			Non-Resident Rates		
<input type="checkbox"/>	Child - Age 6 - 17	\$50.00	<input type="checkbox"/>	Child – Age 6 - 17	\$105.00
<input type="checkbox"/>	Adult - Age 18 - 61	\$90.00	<input type="checkbox"/>	Adult – Age 18 - 61	\$165.00
<input type="checkbox"/>	Senior - Age 62 and older	\$40.00	<input type="checkbox"/>	Senior – Age 62 and older	\$50.00
<input type="checkbox"/>	Household** (2 members)	\$140.00	<input type="checkbox"/>	Household** (2 members)	\$220.00
<input type="checkbox"/>	Household** (3 members)	\$165.00	<input type="checkbox"/>	Household** (3 members)	\$255.00
<input type="checkbox"/>	Household** (4 members)	\$190.00	<input type="checkbox"/>	Household** (4 members)	\$290.00
<input type="checkbox"/>	Household** (5 members)	\$215.00	<input type="checkbox"/>	Household** (5 members)	\$325.00
<input type="checkbox"/>	Household** (6 members)	\$240.00	<input type="checkbox"/>	Household** (6 members)	\$360.00
<input type="checkbox"/>	Each additional household member**	\$25.00	<input type="checkbox"/>	Each additional household member**	\$35.00

*Proof of residency is required to receive Resident Rate pricing. ** Household season pool membership rates are determined by the number of household members included in the membership. Household members are individuals, age 6 and older, residing at the same address. Proof of residency is required for all household members 18 years of age and older.

Parent/ Guardian First and Last Name **(For Child Season Pool Membership ONLY)**

Address

Email

Phone

Household Members

*Please indicate below Yes/No if the household member had an Emmaus Community Pool membership in 2021, 2022, or 2023 *

*	First and Last Name	Date of Birth
Y/N	1.	/ /
Y/N	2.	/ /
Y/N	3.	/ /
Y/N	4.	/ /
Y/N	5.	/ /
Y/N	6.	/ /

Keep your Season Pool Membership card safe, they are not reissued each season. Lost or stolen membership cards must be reported to the Emmaus Community Pool Cashier. Card replacement fee is \$5.00.

2024 Season Pool Memberships are valid beginning May 25, 2024 and are good through September 2, 2024.

What is GOOD and BAD about the SUN?



The sun's UV (ultraviolet) rays help your body make Vitamin D which is important for your bones, blood cells, and immune system. It also helps you take in and use certain minerals, like calcium and phosphorus. While most adults get enough vitamin D from food, children who don't can get rickets, which softens and weakens their bones. Morning light also seems to help people keep the fat off. You need 20 to 30 minutes between 8 a.m. and noon to make a difference, but the earlier you get it, the better it seems to work. Sunlight helps boost a chemical in your brain called serotonin, and that can give you more energy and help keep you calm, positive, and focused. Doctors sometimes treat SAD (seasonal affective disorder) and other types of depression linked to low levels of serotonin with natural or artificial light.

How Much Is Too Much?

This answer is different for everyone. It depends on your skin tone, age, health history, diet, and where you live. In general, scientists think 5 to 15 minutes -- up to 30 if you're dark-skinned -- is about right to get the most out of exposure to the sun without causing any health problems.

What About Skin Cancer?

Basal Cell – is the most common form of skin cancer but the least dangerous. Appears as a round or flattened lump or scaly spot. Red, pale or pearly in color.

Squamous Cell - is not as common as basal cell (about one million new cases a year). Squamous cell cancer is more serious because it is likely to spread (metastasize). Treated early, the cure rate is over 90%, but metastases occur in 1%–5% of cases. After it has metastasized, it is very difficult to treat.

Melanoma - is often called "the most serious skin cancer" because it has a tendency to spread. Melanoma can develop within a mole that you already have on your skin or appear suddenly as a dark spot on the skin that looks different from the rest. Melanoma is usually curable when detected and treated early but melanoma is more dangerous because it's much more likely to spread to other parts of the body if not found and treated early.

Merkel Cell - is about three to five times more likely to be deadly than melanoma. With early detection, MCC can be treated successfully. If you think you might have MCC, see your doctor. Treatment becomes increasingly difficult once the disease has spread, but new options are now available.

How Do I protect Myself From Too Much Sun?

- ***Wear Sunglasses*** that block UV light and broad-brimmed hats whenever you're outside. The sun can damage your eyes any time, not just in summer, and the rays can pass right through clouds. Don't forget that kids need this same protection. FDA (Food & Drug Administration) recommends that you choose sunglasses with a UV400 rating or 100% UV protection stated on the label. These sunglasses block more than 99% of UVA and UVB radiation and provide the most protection against UV rays.
- ***Use Sunscreen***—*Broad-spectrum sunscreens protect against both UVA and UVB rays. What is the difference between the rays?*

UVA rays (or aging rays) can prematurely age your skin, causing wrinkles and age spots, and can pass through window glass.

UVB rays (or burning rays) are the primary cause of sunburn and are blocked by window glass.

An SPF (Sun Protection Factor) of 30 or higher with water resistance is best. Note: They don't say waterproof. Reapply every two hours or more often if you swim or sweat. Look for "broad exposure," which blocks 97% of the sun's UVB rays. Put it on 30 minutes before you go outside, and don't forget areas like your lips, ears, and neck. Most adults need about 1 ounce to cover their body. Don't forget the tops of your feet, your neck, ears and the top of your head. When outdoors, reapply sunscreen every two hours. Higher-number SPF's block slightly more of the sun's UVB rays, but no sunscreen can block 100% of the sun's UVB rays. It is also important to remember that a high-number SPF does not allow you to spend additional time outdoors without reapplication. Even on cloudy days, up to 80% of the sun's harmful UV rays can penetrate the clouds.

Use extra caution near water, snow and sand as they reflect the damaging rays of the sun.

Seek shade- The sun's rays are strongest between 10 a.m. and 2 p.m.

Wear sun-protective clothing such as a lightweight and long-sleeved shirt, pants, a wide-brimmed hat, and sunglasses with UV protection, when possible. For more effective sun protection, select clothing with a UPF (ultraviolet protection factor) number on the label.

What About BABIES? Children under 6 mo. should be fully dressed in lightweight clothing, wear, a wide brimmed hat, sunglasses and be shaded. Parents of children older than 6 months may apply broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher to all skin not covered by clothing. Sunscreen should be applied approximately every 2 hours. Sunscreen that uses ingredients such as zinc oxide or titanium dioxide, or special sunscreens made for infants or toddlers, may cause less irritation to their sensitive skin.

Don't Go to Tanning Beds: This raises your chances of skin cancer. If you do it before age 35, you're 60% more likely to get melanoma, the most serious form of skin cancer. Even one session can raise your odds of melanoma by 20% and other types by as much as 65%.

Go to the Dermatologist: Check your skin once a month or so. If possible, ask a family member to help if you can't see everywhere on your body. Stand in front of a full-length mirror and look all over for any new growths or changes in old spots (a chair and a hand mirror can help). See your doctor or dermatologist annually and if you notice anything unusual.

THERE IS NO SAFE WAY TO TAN. EVERY TIME YOU TAN, YOU DAMAGE YOUR SKIN. AS THIS DAMAGE BUILDS, YOU SPEED UP THE AGING OF YOUR SKIN AND INCREASE YOUR RISK FOR ALL TYPES OF SKIN CANCER.

How Do I Treat Sunburn? It is important to begin treating sunburn as soon as you notice it. In addition to stopping further UV exposure, dermatologists recommend treating a sunburn once indoors by doing the following:

- **Take frequent cool baths or showers to help relieve the pain.** As soon as you get out of the bathtub or shower, gently pat yourself dry, but leave a little water on your skin. Then, apply moisturizer to help trap the water in your skin. This can help ease the dryness.
- **Use a moisturizer that contains aloe vera or soy to help soothe sunburned skin.** If a particular area feels especially uncomfortable, you may want to apply a hydrocortisone cream that you can buy without a prescription. Do not treat sunburn with "caine" products (such as benzocaine), as these may irritate the skin or cause an allergic reaction.
- **Consider taking aspirin or ibuprofen to help reduce any swelling, redness and discomfort.**
- **Drink extra water.** A sunburn draws fluid to the skin's surface and away from the rest of the body. Drinking extra water when you are sunburned helps prevent dehydration.
- **If you have blisters, allow them to heal.** Blistering skin means you have a second-degree sunburn. You should not pop blisters as blisters form to help your skin heal and protect you from infection.
- **Take extra care to protect sunburned skin while it heals.**

Resources: American Academy of Dermatology, Food & Drug Administration, American Cancer Society, Web MD

Community Yard Sale—Something for Everyone



The Emmaus Borough Community Yard Sales are held on the weekends after Memorial Day and Labor Day, when it is not necessary to obtain a permit to have a yard sale and no fee is required.

**This year, the Community Yard Sales are scheduled for:
Saturday, June 1st with a rain date of Sunday, June 2nd ; and
Saturday, September 7th, with a rain date of Sunday, September 8th**

The Emmaus Remembrance Garden—More Than Just a Garden



Each year, the Emmaus Commemorative Gardens Foundation plants new flowers, mulches, rakes, and works hard to get ready for the annual veterans' bricks installment ceremony which will be held on Saturday, May 25, 2024 from 10:00 a.m. until noon. We also have another Eagle Scout project underway. Reno Guastella is extending the walkway on the veterans' side of the site to create a patio effect around the flagpole that is going to be both functional and beautiful.

During the past few years, we have seen an increase in weddings at the Remembrance Garden and we encourage all couples looking for a lovely and affordable wedding venue to look at our website www.emmausremembers.org for information. To keep costs affordable for new couples, the ECGF only asks for \$110 to reserve the space for four hours which includes a 4x8 brick. The venue works well, and we've had almost 20 weddings there over the past few years.

We're in the planning stages for additional events at the garden this year, keep informed by following the wonderful happenings at our Remembrance Garden - "Like" the Emmaus Remembrance Garden on Facebook and we invite you to visit our website at www.emmausremembers.org. Still have questions? Contact Mike Waddell at 484-274-2089, or email remgarden1@gmail.com

Our goal has always been to create and maintain a quiet place of remembrance for our community and we want everyone to share and enjoy it. Please take a break from your busy schedule for a few minutes and stop by the Remembrance Garden, you'll be happy you did!



Borough of Emmaus

28 South Fourth Street

Emmaus, PA 18049

610-965-9292

Fax: 610-965-0705

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MOPAR MADNESS of the Lehigh Valley



Come and join MOPAR Madness of the Lehigh Valley on the second and last Saturdays of the month, April 13 through October 26, 2024 for cruise nights at the Emmaus Community Park. All makes and models are welcome. Mopar Madness of the Lehigh Valley, formed in 1989, is an automotive club that promotes interest in the preservation of antique, classic, and performance Mopar (i.e. Chrysler, Doidge, Plymouth, Desoto, AMC) vehicles. The club is dedicated to conduct club functions and activities for the benefit of promoting Chrysler made products and

to encourage a better understanding of the restoration of classic and performance cars as a hobby, to members of the public, press, and law enforcement. Home of the Mopar enthusiast and proud sponsor of Dream Come True since 1983. For the 2024 Cruise schedule, please visit www.morparmadness.org. For questions or more information on joining the club, please email mmlvcruises@yahoo.com